

St Mungo's hostels

- active springboards for change



Our activities training helps clients build skills and interests and gives them something positive to do with their time



Keeping their IT skills up to date helps our clients find work



Our Putting Down Roots gardener training scheme works in communities across London

- L** - Literacy and Numeracy
- I** - Independent Living
- F** - Friendship and Fun
- E** - Employment and Education

Independent research conducted by ORC International demonstrates that:

- a hostel with activity schemes achieves more education and employment outcomes than a hostel without activities
- a hostel with an activity programme is able to generate more resettlement outcomes to lower support housing than a hostel without activities

St Mungo's delivers the largest programme of work and learning services for homeless people in Europe and directly helps more homeless people back into education, work and lasting new homes than any other charity. **In the last year, our Work and Learning services helped more than 2,000 homeless men and women learn life and work skills.**

ORC's analysis of the cost benefits of St Mungo's outcomes showed:

- **£4,353** is saved for each individual who moves from a hostel to a semi-independent house
- **£14,344** is saved for each individual who moves from a hostel to social housing
- **£45,000** can be saved when St Mungo's activity programmes lead to a resident gaining employment

LIFE Changes at St Mungo's

St Mungo's aims to offer a range of activity programmes within the hostel setting covering areas such as engagement and meaningful occupation, advice and guidance and employment and training. Activities provided include cooking, music, day trips, photography, football, discussion groups, drama and creative writing. However, funding for these LIFE activities varies from project to project.

Continued overleaf...

St Mungo's 

Opening doors for London's homeless

www.mungos.org

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VoiceMail4All has enabled hundreds of homeless people to have telephone numbers that they can use for job and housing applications



Our Activity Development team work with volunteers to provide a range of activities



Activities help our clients develop social skills, gain confidence and self-esteem

St Mungo's, Griffin House,
161 Hammersmith Road,
London W6 8BS
Tel: 020 8762 5500
Fax: 020 8762 5501
www.mungos.org
Charity exempt from registration
I&P Society No. 20598R
Housing Association No. LH0279

ORC's research looked at the benefits and outcomes of a hostel with activities compared to a hostel without activities.

	*A first stage St Mungo's hostel in South London WITHOUT an activity scheme	A first stage St Mungo's hostel in South London WITH an activity scheme
Number of beds	43 beds	52 beds
Cost per bed per annum	£23,694	£27,030
Number of educational or employment outcomes	3	12
Number of planned move on outcomes	19	47

*A first stage hostel is where people accessing St Mungo's for the first time would be accommodated. It is the first point of access for services such as the substance use, mental health and physical health teams. Residents are also encouraged to use St Mungo's activity, training and employment services.

ORC's research shows that a hostel with activity schemes achieves more education, employment and planned move ons than a hostel without activities. In addition it shows that a hostel with an activity programme is able to generate more resettlement outcomes to lower support housing.

Substantial outcomes and savings

The ORC research also demonstrates the savings of St Mungo's outcomes through its emphasis on making LIFE changes for residents.

St Mungo's outcomes in an average year	Saving	Total saving per year
620 move-ons to appropriate supported housing	620 x £4,353 (saving made from moving client on from first stage hostel to Semi-Independent house)	£ 2.7 million
206 move-ons to housing association or local authority flats	206 x £14,344 (saving made from moving client from first stage hostel to social housing)	£ 2.95 million
125 paid job outcomes	125 x £45,000 (cost saving of intervention leading to employment)	£ 5.6 million

Conclusion

ORC's research shows that a hostel with activity schemes achieves more education, employment and planned move ons than a hostel without activities. In addition it shows that a hostel with an activity programme is able to generate more resettlement outcomes to lower support housing. Each outcome represents a considerable saving of cost.

For further information on our Work and Learning programmes, please contact Andy Shields, Director of Work & Learning services at andys@mungos.org

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